

# MEASURING GUIDE

## MEASURING VIDEO:

<http://bit.do/measure7>

### (A) ARM

Measure from the center of the hole at the base of the throat to the bend in the wrist just below the wristbone.

### (D) SHOULDER TIP TO SHOULDER TIP

The best reference for this is between the two prominent bones at the shoulder edges. Imagine a line straight up from your armpits to your shoulders and measure between them.

### (WA) ARM LENGTH

From the shoulder tip - at the end point of measurement D - to the bend in the wrist just below the wristbone.

### (F) FOREARMS

Flex the forearm and measure at the widest point. The Flex is what you'll be doing when skydiving and taking grips or having grips taken on you, so we want that flexed area in your suit arms.

### (E) BICEPS

Flex the right bicep, if right handed. Hold flexed and measure at the widest point.

### (H1) CHEST

With both arms up, place the tape around the chest at nipple level, do not curve the tape; keep it level all around. Put arms down to get an accurate chest measurement. (Put on weight vest if used). RELAX, do not over inflate your chest.

### (I) WAIST

This is waist at the belly button. Resist the temptation to suck in your stomach.

### (J) HIP (AT WIDEST POINT)

Remove everything from your pockets. MEASURE AT THE WIDEST POINT. This is generally about 7 inches below the waistline at the belly button.

### (K) THIGH

The thigh measurement is around the upper most part of the leg at the top of the crotch. Many people think the widest part of the thigh is below this. For our patterns we need the measurement around the thigh at the very top of the leg.

### (N) FULL INSEAM

Standing with legs straight, measure from deep crotch where the seam of their pants cross. Do not curl/bend tape over at the crotch. Lay the tape against the leg and measure to the floor.



### (Z) TORSO

From the hole at the throat, measure down and under the crotch, straight up the back to the top of the bone at the base of the back of the neck. The tape does NOT contact the back curves. It goes straight up to the collar. Have tape snug but comfortable under crotch, we add for fit. Measure over clothes & weight vest if worn. If pants/shorts hang low, this will not allow for a proper measure. Pants/shorts must be pulled up.

## VIDEO: HOW TO MEASURE

### FOR THE Q'S

<http://bit.do/measureQ>

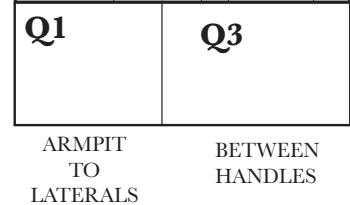
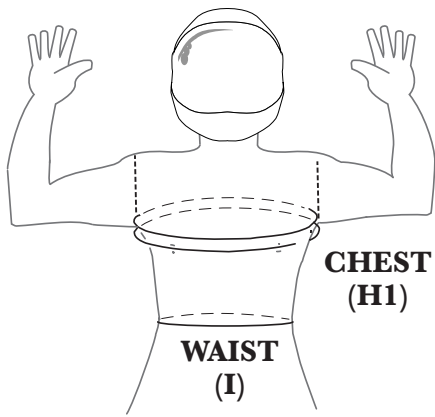
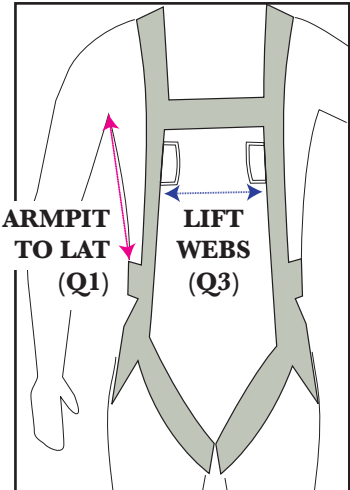
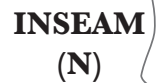
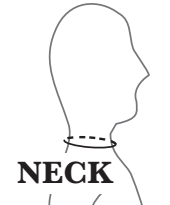
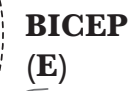
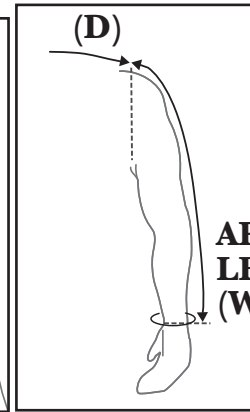
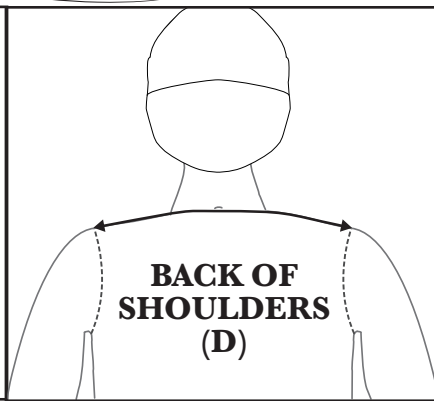
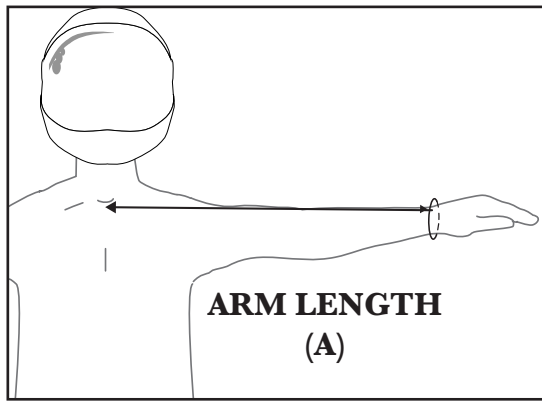
### (Q1) FRONT OF ARMPIT TO LAT

TIP: hold a ruler horizontal under the armpit horizontal to the ground. Measure from armpit to the top of the lateral webbing.

### (Q3) LIFT WEB TO LIFT WEB

Measure between main lift webs at bottom of emergency handles.

# MEASURING FORM



US SHOE SIZE	
GENDER	SHOE SIZE
<input type="text"/>	<input type="text"/>
HEIGHT	WEIGHT
<input type="text"/>	<input type="text"/>

ARM LENGTH	SHOULDER	SHOULDER TO WRIST	WRIST	FOREARM	BICEP	NECK
<b>A</b>	<b>D</b>	<b>WA</b>	<b>G</b>	<b>F</b>	<b>E</b>	
	<b>H1</b>	<b>I</b>	<b>J</b>	<b>K</b>	<b>N</b>	<b>Z</b>
	CHEST	WAIST	HIPS	THIGH	TOTAL INSEAM	TORSO

Name \_\_\_\_\_ Contact Email \_\_\_\_\_ **Enter the measurements into the online designer**  
 Dealer \_\_\_\_\_ Contact Phone \_\_\_\_\_ [www.tonysuits.com/products/design-a-suit](http://www.tonysuits.com/products/design-a-suit)