



Measurement Form for Generic Size Chart

Step 1 Measure illustrated areas and enter the measurements into the boxes below. Use text guide for more information.

GENDER	HEIGHT	WEIGHT	SHOE SIZE

ARM	SHOULDER	WAIST	INSEAM	TORSO
A	D	I	N	Z

Step 2 The first chart is in Inches, the second chart is in Centimeters. Circle your number for each measurement. The largest column is your standardized size, as listed at the bottom of the chart.

	Inches									
Men's US Shoe	7	8	9	9	10	11	11	12	13	14
A - arm length	25	26	27	27	28	28	29	30	31	32
D - shoulder	15	16	16.5	17	17.5	18	18	19	19	20
I - waist	30	34	34	36	37	40	40	43	45	52
N - inseam	30	32	33	33	34	34	35	35	37	38
Z - torso	58	62	64	64	65	66	68	70	70	72
Standardized size >	Xtra Small	Small	Small Tall	Medium	Medium Tall	Large	Large Tall	XL	XL Tall	XXL

	Centimeters									
Men's US Shoe	7	8	9	9	10	11	11	12	13	14
A - arm length	63.5	66.0	68.6	68.6	71.1	71.1	73.7	76.2	78.7	81.3
D - shoulder	38.1	40.6	41.9	43.2	44.5	45.7	45.7	48.3	48.3	50.8
I - waist	76.2	86.4	86.4	91.4	94.0	101.6	101.6	109.2	114.3	132.1
N - inseam	76.2	81.3	83.8	83.8	86.4	86.4	88.9	88.9	94.0	96.5
Z - torso	147.3	157.5	162.6	162.6	165.1	167.6	172.7	177.8	177.8	182.9
Standardized size >	Xtra Small	Small	Small Tall	Medium	Medium Tall	Large	Large Tall	XL	XL Tall	XXL

Step 3 Enter your name and Standardized size in the blank spaces below.

Name _____ Standardized Size _____